

GRIEVING A LOSS

Ruth 1-4

Grieving a Loss

- ▣ Name the loss.
- ▣ Embrace the grief.

Brothers, we do not want you to be ignorant about those who fall asleep, or to grieve like the rest of men, who have no hope.

1 Thessalonians 4:13

The LORD is close to the
brokenhearted and saves those who
are crushed in spirit.

Psalm 34:18

Grieving a Loss

- ▣ Name the loss.
- ▣ Embrace the grief.
- ▣ Accept the loss.
- ▣ Wait on and receive God's hope.

For his anger lasts only a moment,
but his favor lasts a lifetime;
weeping may remain for a night,
but rejoicing comes in the morning.

Psalm 30:5

I waited patiently for the Lord;
he turned to me and heard my cry.

² He lifted me out of the slimy pit,
out of the mud and mire;
he set my feet on a rock
and gave me a firm place to stand.

³ He put a new song in my mouth,
a hymn of praise to our God.
Many will see and fear
and put their trust in the Lord.

Psalm 40:1-3